

## Understanding the Role of Brain Development in Child Development

Tuesday, September 17, 2013

The brain is the organ in our body that controls everything...motor movement, communication, social interactions, emotions, academic achievement ....you name it...the brain controls it. The brain develops over 75% after birth and is completely dependent on the environment it is in to grow and develop. And.....in the first five years of life it grows to 90% of it's full capacity. The brain is fully developed around age 25 with the last thing to come along, being the frontal lobe and decision making abilities.

Because the brain has trillions of synapse connections that get made based on what a child experiences, parents can help by offering a stimulating environment consisting of play, motor activities, books and stories, music, social interactions, nature, crafts, cooking and many other things that foster this important brain development.

For suggestions on ways to help foster positive brain development, try any of the following links:

<http://www.extension.purdue.edu/providerparent/PDF%20Links/Brain%20Development.pdf>

<http://www.education.com/reference/article/brain-research-child-development/>

<http://www.scfirststeps.org/braindev.htm>